# The Amagest a publication of LSU Shreveport



Why are some LSUS students developing a foreign sweet tooth?

-Pg. 5

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"THINGS CHANGE. AND FRIENDS LEAVE. LIFE DOESN'T STOP FOR ANYBODY." - Stephen Chbosky

# Special class gets students defensive

Morgan Marshall STAFF WRITER

Students are always advised to be aware of their surroundings while out and about to maintain their safety. This semester, LSU Shreveport is holding a self-defense class to teach students maneuvers that may save a life.

On April 9, LSUS Recreational Sports organized a personal safety class in honor of Women's Self Defense Month and was taught by Dustin Gunderson, senior, kinesiology, who is a second-degree black-belt.

Angel Martin, director of student activities and recreational sports, feels that this is an important class to offer.

"Attacks usually happen when a victim is least expecting it," Martin said. "There are techniques learned through self-defense that can increase a person's situational awareness as well as defend an oncoming attacker. The more people who possess this knowledge, the better."

In the class, Gunderson provided both a background about the importance of self-defense, demonstrated several blocks, punches, and kicks to participants. He then allowed those participants to practice what they have learned.

"The class was very interesting and informational," said Shrein Darzeidan, senior, psychology. "As a psychology major, learning this information was an interesting per-See CLASS, pg. 3



GOT SOMETHING THE STUDENT BODY NEEDS TO HEAR ABOUT? GET YOUR MESSAGE OUT BY EMAILING US AT ALMAGEST@LSUS.EDU

# LSU Shreveport awards excellence

Iris MacLean STAFF WRITER

A room full of the proud family and friends of LSUS's academic elite gathered last Wednesday in the Science Lecture Auditorium during Common Hour for the 42<sup>nd</sup> annual Academic Awards Convocation.

The convocation is held every year to present awards to students who have made the Chancellor's List or have received a University Award. Students on the Chancellor's List are full-time undergraduate students with a se-

mester GPA of 3.8 or higher. The University Awards choose one student per major in each college.

Overall, around one hundred students received awards Wednesday. There wasn't a seat left in the auditorium.

Interim Chancellor Dr. Paul Sisson kicked off the convocation by welcoming a room full of family, friends, and students to the SLA for what he called "the premier event of academic recognition." He noted that it's usually held in the theater, but due to floor-to-ceiling renovations, it had to be held in a

somewhat smaller auditorium this year.

Dr. John Vassar, Interim Provost and Vice Chancellor of Academic Affairs, stepped up to the podium next with opening remarks. He specifically noted how these students have worked really hard and done some amazing work.

"You have to understand that faculty have no lives of their own." Vassar said. "We live our lives vicariously through the lives of our students, so we so look forward to you coming back and telling us of all the things you've accomplished."

See AWARDS, pg. 3



Photo by Iris MacLean

The Science Lecture Auditorium was standing-room only as the Academic Awards Convocation began during Common Hour last Wednesday.

#### Students honored at the Academic Awards Convocation

Students named on LSU Shreveport's Chancellor's list must maintain a GPA of at least a 3.8. The following students from the College of Arts and Sciences were honored for achieving the Chancellor's list in both the spring and fall semesters of 2012: Derrick Adams, Mahreen Ahmad, Jennifer Betz, Stewart Black, Brian Brenham, Taylor Carter, Katelyn Collier, Jamie Droddy, Stephen Feild, Paige Ferrant, Elizabeth Foster, Joshua Frank, Christina Gladney, Deanna Hardin, Hilary Harris, Travis Harvey, Jesse Malone, Nova McCuller, Carleen McKenney, Van Nguyen, Lindsay Olinde, Shelia Owens, Nicholas Pelliccio, Pevton Rachal, Brittany Rowland, Brianna Saadat, Jerry Sepulvado, Tanner Shipley, Chenelle Slepicka, Kevin Smith, Lauren Smith, Elliot Sorrell, Justin Thomas, Jennifer Toombs, Cassie Vandegriff, Crystal Vandegriff, Maria Vargas, Katie York, and Leslie Zelinski.

The following students from the College of Business, Education, and Human Development were honored for achieving the Chancellor's list in both the spring and fall semesters of 2012: Leah Aiken, Robert Aubrey, Eman Bader, Christen Bailey, A.L. Brown III, Kelly Boss, Carlette Cantu, Darius Davenport, Jenna Diakos, Gina Ditcharo, Amber Easley, Hollie Horton, Laurie Hunter, Adrian John-

son, Andrew Lace, Amanda Lindsay, Brian McKay, Caitlyn Maddox, Christopher Marlin, Ryan Mustapha, Sara Myers, Heather Nosky, Nguyen Phung, Jenny Pierson, Lindsey Quillin, Stephen Sanders, Chelsea Schorr, Emily Sherman, Lauren Stevenson, Li Tan, Joseph Valentine, Nadia Williams, and Hannah Yell.

Academic awards were awarded to one student, as chosen by the faculty, from each major. From the School of Humanities and Social Sciences: Jesse Malone, criminal justice-generalist; Lauren Smith, English; Jennifer Toombs, fine arts; Carleen McKenney, general studies; Dillon Benoit, history; Crystal Vandegriff, mass communications; James Brown, political science; Sharmika Miles, sociology; Joshua Frank, Spanish; Kathleen Ryland, speech; Anna Sanford, Master of Arts in Liberal Arts and Sciences; Ta'Kori Harris, Master of Science in Non-Profit Administration.

From the School of Mathematics and Sciences: Chenelle Slepicka, biochemical science; Lindsay Olinde, biological science; Joshua Lutz, chemistry; Sheila Owens, computer information systems; Max Benedetti, computer science; Joshua Eyler, mathematics; Catherine Hiller, Master of Science in Computer Systems Technology; Phoebe Rollyson, Master of Science in Biological Sciences.

From the School of Business: Carlette Cantu, accounting; Joseph Valentine, finance; Zachary Grill, general business administration; Dylan Edwards, management and administration; Kelly Boss, marketing; Dustin Lena, Master of Business Administration; George Wray, III, Master of Business Administration-Executive Track; Paige Besze, Master of Health Administration.

From the School of Education: Jacque Anspaugh, early childhood education; Jennifer Christiansen, elementary education; Gina Ditcharo, secondary education; Julie McWilliams, Master of Education in Curriculum and Instruction; Rebecca Mayo, Master of Education in Educational Leadership; Allana Victorian, Master of Education in School Counseling.

From the School of Human Sciences: Christopher Marlin, community health; Collyn Tuttle, health and physical education; Amber Easley, psychology; Auburn Mynhier, Master of Science in Counseling Psychology; Cory Coehoorn, Master of Science in Kinesiology and Wellness; Brittany Winston, Master of Public Health; Renee Mobley, Specialist in School Psychology.

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## LSU SHREVEPORT

#### **Editorial Policy**

The information presented in this publication by no means reflects the opinions of the administration or staff of LSUS. The Almagest seeks to provide information for the LSUS campus and community; to involve students, faculty and staff; and to provide a public forum for ideas as guaranteed in the First Amendment of the Constitution. Comments and complaints are welcome and should be addressed to the editor. They must be accompanied by your full name and e-mail address.

#### **Letters Policy**

Letters to the editor are encouraged. However, the staff reserves the right to edit letters for clarity, length, and content. Any letter submitted by a club or organization must be signed by all members of the group or by the group's president. Letters should be e-mailed or submitted to the Almagest office, BH 344, by 5 p.m. on the Friday preceding the Thursday publication date. Please type the letter and include your classification and major. The Almagest reserves the right not to publish submitted materials. Obscene, libelous and anonymous letters will not be printed.

#### Retractions

According to the Merriam-Webster Dictionary, a retraction is a public statement, either in print, or by verbal statement that is made to correct a previously made statement that was incorrect, invalid, or in error. The intent of a public retraction is to correct any incorrect information. The Almagest holds all rights if deemed necessary to retract such statements made, shall, at will. Retraction noticshould be made e-mail or phone.



# Faced with more cuts, LSUS must grow

#### An Almagest at LSUS Editorial

The state of Louisiana is in a poor financial situation. As a result, word from the state is the LSU Shreveport budget will be slashed even further in the coming semester.

It would appear that the dispensers of state funding prefer smaller two-year colleges and trade schools over four-year universities since it appears that universities will once again be hit hardest by the latest round of budget cuts.

With minimal support from the state, LSUS will essentially be on its own financially.

Non-tenured but excellent professors are being laid-off and replaced with new, cheaper adjuncts. The LSUS soccer program is struggling to raise money to save itself for one last year of play. Student organizations who receive student activities fees are being asked to trim their already scraped-too-thin budgets. Students registering for classes are noticing yet another hike in tuition.

Things are looking rather bleak for LSUS. However, that does not mean that we should give up hope.

LSUS's best chance is to keep growing. To show the Board of Regents and the state that we, as an institution, will not go quietly into the night. We will fight for our education, for our school.

It will not be easy. In editorial after editorial, news story after news story, it has been pointed out just how crucial it is for LSUS to grow.

In order to grow, to draw in new students, students, faculty, staff, and administrators alike must display a passion for our university that seems to have been misplaced somewhere.

Last week, the *Almagest* conducted a survey to determine why students chose LSUS. This survey was decided upon after a discussion among the staff revealed that LSUS was not chosen by any staff members because of academic reasons. Staff members reported reasons identical to those of the students surveyed: proximity to home or family, following a friend or significant other, be-

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LSUS's best chance is to keep growing. To show the Board of Regents and the state that we, as an institution, will not go quietly into the night. We will fight for our education, for our school.

#### 7 7

cause of family or tradition. Not one person for academics.

But, why not?

LSUS is an excellent school for academics. Students who transferred from our motherschool in Baton Rouge have commented on how much more difficult and intellectually rewarding our classes are. LSUS provides some of the most educated graduates in the state.

Further, the education received here is much cheaper than going to, say, Baton Rouge. In fact, the only cheaper option would be a community college.

What is it then that makes LSUS seem like such an undesirable option? By rights, LSUS should be having to turn people away because our classes are already full to bursting!

The only possible explanation is a disconnect between the truth of what we are—a great, as well as affordable, university—and the message we send out to the public.

If LSUS wants to grow and continue, we must step up our public image.

We are not just a local commuter school,

nor should we try to sell ourselves as one.

Faculty and administrators must sit down and take a serious look at what our positives are: as stated previously, perhaps our biggest positive is that we are an excellent academic choice. However, that fact alone will not sell our university to everyone.

Positives that may provide larger selling points include that LSUS offers flexibility in scheduling, making it easier for non-traditional students to balance work or home-life with school. With the coming addition of a vastly expanded online curriculum, some degrees may now be obtained entirely online. Two-session semesters will allow students to get their degrees faster. These selling points will mostly appeal to non-traditional students, older students, students interested only in a degree and not the "college experience" and, perhaps, people who need a quick and cheap degree.

Many younger potential students, such as those freshly out of high school, are looking for more of the "college experience" that has been sold to them by teachers, as well as romanticized in movies, television shows, and advertising.

For these students, emphasize that—despite LSUS's small size and dire financial situation—LSUS has excellent facilities and an extremely dedicated Student Activities Board. Students who get involved definitely get the full "college experience" except for the fact that LSUS lacks dormitories.

Administrators and faculty cannot be the only ones charged with helping LSUS to grow. It is important for them to listen to the younger voices and new ideas that students can provide.

Let the SGA come up with new initiatives that will get LSUS out into the community more. Let student organizations host more events open to the community. Let public relations students begin to practice their trade now.

Let LSUS's voice be heard!

## Work with students to determine their goals



Crystal Vandegriff

From the Editor's Desk

Being a child of the '90s, I watched a fair amount of MTV growing up. In fact, I still miss some of its programming.

Recently, a conversation with my sister reminded me of a great quote from the MTV show *Daria*. When asked by some teacher to make a decision about what career path Daria wanted to follow, and therefore what classes she would be assigned, Daria responded with "I'd rather not be bitter at 40 because I'm stuck in some job I hate because I was put on the spot at 17."

Unfortunately, this—expecting high school students to make an accurate prediction of what their likes and career interests will be in adulthood—seems to be terribly prevalent.

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Students often choose their majors based

upon what their parents do, the limited options they have been presented or exposed to, or what their friends or siblings plan to major in rather than their actual interests.

This can lead to complications later in their college career when they come to the realization that they dislike their major. Of course they can change it easily enough—and LSUS offers a wide variety to choose from—but how many semesters have already passed? How many core classes will they already have to catch up on?

To further complicate the issue, many students are advised to deal with their general education requirements first, leaving the courses they will take for their major last.

This is a huge and terrible mistake!

Students entering college should be required to take classes that will give them a taste of their future career in their first semester. This is already stated in the LSUS catalog and encouraged by most advisers, however, in some places its application is a little lax.

Most students will have no field experience with what their chosen field will be like when it comes to actually doing the job. Without experience, or at least an idea of what the experience will be, they will have no clue about whether they are in the correct major or not until it is too late!

Moreover, I do not believe that students should be required, or maybe even allowed, to choose their major until their second semester of college.

LSU Shreveport has done a fantastic thing by implementing mandatory freshman seminar courses: when done correctly, they truly do help students become accustomed to the college life and the responsibilites they will now be facing as adults. However, I think it should be taken further: each freshman seminar class should offer at least a broad overview of what each major offered here at LSUS entails.

Teach them about the requirements of an AVE degree, an accounting degree, a biochemistry degree, a public relations degree. Bring in professionals from the fields to relate their experience to these students.

Doing this will allow students to make an informed choice about a decision that will determine the course of the rest of their lives.

And if you're in a major that you hate right now, I encourage you to learn about what's out there and change to something that you will actually enjoy. It's better to take extra classes now than to hate what you're stuck doing later.



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#### SGA welcomes new vice president, senate

Jennifer Middleton STAFF WRITER

The Student Government Association has a new vice president. Elections for the SGA office concluded the week before spring break, and Matt Kay is excited to have won

"It was pretty close," Kay said.

Kay will now be working alongside SGA President Cody King, and the other officers. He outlined his plans to implement his governing platform.

"[I will] work with other SGA officers, and try to get some sort of feedback from the students, and see what they want to see happen on campus," Kay said.

Kay explained that he wants to foster a stronger sense of school spirit.

"For me that starts with athletics," he said. "Having more banners and schedules posted, as well as meet-andgreets with the athletic teams; maybe an autograph session. That would bring about more of a sense of school spirit on

"[I want to] bring more interesting student events on campus," Kay said, "something that we can all be excited about. I know Cody's talked about having Finals Run-basically where we run around campus after finals, have a slip-nslide, and then just have a party afterward. The ultimate goal is to leave the school and leave SGA better than I found it."

Matt Kay is not the only new member of the student governing team. Elections for SGA senators were also held recently—or they would have been, if not for an interesting

"For senator, there are 27 available spots," King said. "Typically you have campaigning one week, and voting the

The key word is "typically." This year's senatorial elections took a slightly different turn. More than 27 people applied for the position, but not all of the applicants met the criteria for the position. After they were eliminated, exactly



Photo by Jenna Glorioso

Matt Kay, junior, marketing/management, incoming SGA vice president

27 remained, meaning that there was no campaign—instead they were automatically given the senatorial positions.

King explained that he sees a good and bad side to this

started, but I think it would have been exciting to see a cam-

With all the new officers helping to put things in motion, King is optimistic about the upcoming year.

"They're definitely movers and shakers," he said. "I'm excited about the future with these young men and women. It's going to be a great SGA year. We've really got a strong presence on campus."

#### dive-in for movie night phenomenon. "It's good for the senators," he said. "They don't have to really campaign. They can get the ball rolling and get With spring officially here and the weather warming up,

the Student Activities Board is holding dive-in movie night. At 8 p.m. April 25, students will be able to enjoy the Spring Fling Dive-In Movie, a poolside movie showing at the University Court Apartments.

PELICAN BRIEFS

LSUS Spring Fling offers

something for everyone

Hour April 22 in the UC Lobby.

from 10 a.m. to 2 p.m.

with a valid student ID.

a.m. April 24.

With midterms safely behind and finals right around

Spring Fling will kick off with Spring Fling Common

On April 24, there will be a Student Organization Fair

There also will be a Spring Fling Bags Tournament

The week will conclude with a crawfish boil from 10

For more information on Spring Fling activities, con-

the corner, LSU Shreveport Student Activities is planning a week filled with a variety of activities during Spring Fling.

in conjunction with Spring Fling activities in the UC Mall

from 11 to 11:15 a.m. in the UC Mall. The champion of the

tournament will win a \$25 gift card. Those interested in par-

ticipating in the tournament need to sign up no later than 10

a.m. to 2 p.m. April 26 in the UC Mall. Free crawfish will be

served on a first-come, first-served basis to LSUS students

tact the Student Activities Board by phone at 318-797-5393.

LSUS invites students to

For more information, contact Student Activities at 318.797.5393 or email them at studentact@lsus.edu.

LSUS celebrates Greek

The Greek Council is hosting its annual Greek Week

this Monday through Friday to celebrate Greek life with fun

activities. The LSU Shreveport Greek Council includes three

selected members from each sorority and fraternity. The

objective of Greek Council is to encourage Greek activities

which will help improve the community of the university.

life with Greek Week

#### Summer classes get ready to heat things up

Elizabeth Stroud STAFF WRITER

With the end of the spring semester just around the corner, LSU Shreveport students are quickly scheduling their advising appointments and setting up their fall, and, possibly, summer schedules. While some students use their summers to take a break from school work, taking a course in the summer can be great in a student's progression towards gradu-

Students have the option of taking a four-week course, an eight-week course or a one-week inter-session course. Inter-session beings May 20 and ends May 27; Session 1A begins May 28 and ends June 25; Session 1B begins June 25 and ends July 26, and Session 1 lasts two months, from May

While giving up your summer to go to school can seem unappealing to some students, some advisers believe it is a good decision for a student to make. The summer course offers many benefits to a student.

"The biggest strength of the summer courses is that they allow an in-depth, sustained focus on the subject matter," said Dr. John Vassar, interim provost and vice-chancellor for academic affairs. "Also, they are rapid. If you are not fond of a subject, it goes by quickly!"

While the course selections are not as varied as they are

in a normal semester, most students are able to find courses

"We are always working hard as an institution to make sure that we are offering the courses that best meet the needs of students," Vassar said. "I think we are doing well in this area, but still need to get better."

It is not only the faculty that see the benefits in taking a summer course, there are students who take at least one summer course, even an online course, every summer.

"I have taken summer classes for the past couple of years," said Bryant Moore, senior accounting. "If I hadn't, I would not be graduating as soon as I am."

Another benefit to taking a summer class is that by taking a more focused approach to a class, a student has a better chance of grasping the information and being able to communicate more deeply with the faculty.

"Some students who wrestle with certain classes might find it valuable to take them in this format where you can narrow your focus to just one or two subjects," Vassar said.

If you are interested in graduating sooner, focusing more on a difficult course, or just want to continue your studies through the year, talk to your adviser about taking courses this summer.

#### and that will help them towards their goal of graduation.

#### Throughout the semesters the council hosts a Meet the Greeks, a Greek step show, and other events for students.

The council meets weekly throughout the fall and spring semesters and periodically during the summer sessions in order to fulfill its mission and to promote its values of integrity, scholarship, community, creativity, and excellence within the university.

#### LSUS hosts annual Leadership Awards

It's time to recognize those who have become leaders at LSU Shreveport. The ceremony will take place during Common Hour Wednesday.

The Student Leadership Awards are held annually in the spring. Several individual awards will be given out at the ceremony, such as Professor of the Year, Outstanding Student Leader of the Year, Outstanding Advisor of the Year, and Outstanding Greek Man/Woman of the Year. Student Organization of the Year awards also will be announced. All students, faculty and staff are welcome to attend the cere-

For further information, contact Angel Martin at 318-797-5393.

#### CLASS cont.

spective. I feel a lot safer learning about information that will allow me to protect myself in a case where I need to."

offered annually for several years, and that this particular class will be offered every Tuesday this month at 5 p.m. in the UC Webster Room.

"I think it's a good thing that students will be able to attend this class this month," Darzeidan said. "Being able to protect yourself, especially when some people are here by themselves late at night, is important and could be crucial."

Self-defense classes are usually offered by the continuing education department periodically. Last Tuesday's class had around nine participants. The next is scheduled for April

Martin states that it is important for students to know about the class and what is taught in it.

"It may be a matter of life and death," Martin said. "You cannot quantify importance any higher than that."

#### AWARDS cont.

Next, Vice Chancellor of Academic Services Julie Lessiter announced the names of the recipients of the Chancel-Martin discussed that this type of program has been lor's List Award. As each name was called students walked across the stage and received their award from Sisson.

"I've worked really hard during my four years at LSUS, and it is nice to be finally graduating this semester knowing l was on the Chancellor's List for my last two semesters," said Nick Pellicio, senior, biochemistry.

Dr. Stephen Banks came to the podium next to announce the University Awards for the College of Arts and Sciences. As each name was read Banks added a brief bio about their plans after graduation. Dr. Felice Williams did the same for the College of Business, Education and Human Development.

### Aamodt to address lifesciences education

The College of Arts and Sciences will host a lecture during Common Hour April 26 in BH 103.

Guest speaker Dr. Stephanie Aamodt, biology department, will discuss vision and change in life sciences educa-

For more information, contact Dr. Lynn Walford at



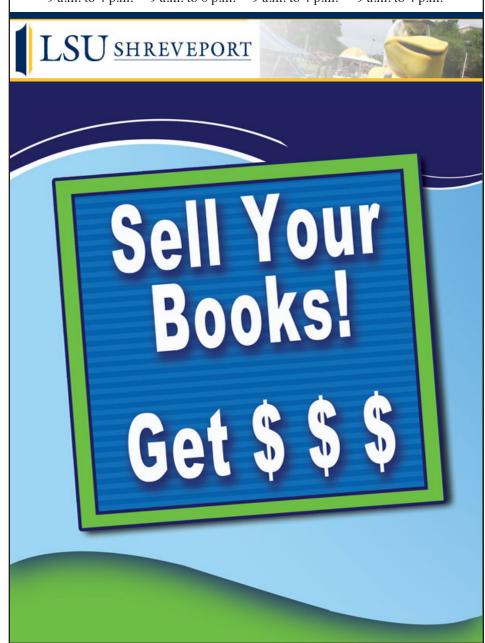
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Short on cash? We've got the answer. It's time to sell those used textbooks!

 May 3rd
 May 6th - 9th
 May 10th
 May 13th

 9 a.m. to 4 p.m.
 9 a.m. to 6 p.m.
 9 a.m. to 4 p.m.
 9 a.m. to 4 p.m.



# LSUS takes a deep breath, learns stress management

**Julie Thomas** SOCIAL MEDIA EDITOR

Last week, the Student Development and Counseling Center at LSU Shreveport hosted the first of three workshops with the theme of stress management. The first specifically targeted the idea of what stress really is and how it can be averted.

Graduate student and intern for the Student Development and Counseling Center, Piper Shaw, hosted the workshop last Wednesday. Shaw began the meeting with definitions of what stress is and what causes stress

"Stress is a hard concept to define but most people agree that it is an emotion people feel when things are out of control and pushing our natural limits," said Shaw. "There is also a good kind of stress called eustress, which is short-term stress that makes our bodies more alert and attentive."

Stress can cause emotional, physical, and behavioral symptoms. Emotional characteristics for individuals that are stressed may be moodiness, jumpiness, easily angered, forgetfulness, irritability, self-consciousness, or experience depression. Physical symptoms can be tight muscles, cold or sweaty hands, headaches, rapid breathing, dry mouth, trembling, acne, or even sickness. Other behaviors of stress are stuttering, crying, jaw clenching, increase or decrease in appetite, alcohol abuse, and clumsiness.

"I came today because I enjoy getting additional resources and information from these workshops," said Sonya Parker, freshman, criminal justice. "For free spirits like me, it helps me manage my time better.

A study conducted by the University of California in San Francisco explained that there are stress hormones in the body that crave sugary foods and fats when under stress, a condition also known as com-



Photo by Ashley Harris Graduate Student Piper Shaw

fort-food consumption. When people are stressed, they may eat comfort foods to relax, however comfort-food consumption only temporarily decreases stress and may cause guilt afterwards. Certain foods, such as beef, eggs, gravy, processed cereals, and white flour can aggravate stress. Changing eating habits can decrease high stress levels.

Other habits that can aggravate stress are media outlets like Facebook that publicize success or failure, Also with the end of the semester nearing, projects and papers will be due soon and stress levels will rise among students. The most effect ways to manage that stress is to eat right, exercise, and remember stress will not last forever.

Workshops are held every Wednesday with next week's lesson covering the different kinds of stress and perfectionism. For more information or professional assistance, stop by the Student Development and Counseling Center.

# LSUS students give back through volunteering

**Eloise Watts** STAFF WRITER

Smiles and laughter spread throughout the halls of Sutton Children's Hospital while LSU Shreveport student Bridget McDonald volunteers her time by playing with some of the patients.

Many volunteer opportunities are available and some students are jumping on the band wagon to volunteer their time to help out. A number of LSUS students, as well as Greek organizations, have chosen to participate.

"Being able to take part in the happiness of these young patients has been such a joy," said McDonald, junior, health behavior.

Other organizations students have volunteered for include Sutton Children's Hospital, Caddo Parish Animal Shelter, Holy Angels Residential Facility, and the Glen. Many students expressed how much they enjoy it and hope to continue to do so.

Holy Angels offers volunteer work in many different areas, such as arts and crafts, jewelry-making, and basic adaptive skills. Sutton Children's Hospital needs volunteers for different events, participating in children's activities, and toy giving. The Glen in Shreveport allows volunteers to read to residents, play music for them, help deliver meals, and assist at birthday parties. The Caddo Parish Animal Shelter invites volunteers come and help clean the kennel areas, play with the animals, or even assist in the adoption process.

"I've been volunteering for a few

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I've been volunteering for a few months now...I would encourage everyone to at least try it out once and see how you like it. I did and I was hooked!

- Bridget McDonald

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months now and I know Sutton's could always use more volunteers," McDonald said. "I would encourage everyone to at least try it out once and see how you like it. I did and I was hooked!"

Volunteering can help students fill free time and build their resume, as well as give help to organizations in need.

"My major is health behavior and this has really helped me to get hands on experience with different children," McDonald said. "It has made me even more excited than I already was about finding the right career in my future."

Some students say that volunteering is very rewarding for them and they feel good about being able to help those less fortunate.

## Students prepare to take learning to German shores



Photos by Jenna Glorioso

Above, Melainah Richardson, junior, psychology and Brandon Horton, junior, accounting. Below, Dr. Timothy Shaughnessy provides students examples of German candies. Lower right, seven of the ten students taking the educational trip to Germany attend a meeting explaining what they can expect of their trip.



Morgan Marshall STAFF WRITER

Here at LSU Shreveport, a wide variety of classes are offered each semester. Few classes, however, give you the opportunity to experience college from another country.

Dr. Wolfgang Hinck, past marketing professor, helped set up the two-week study abroad program around 2004, before Dr. Timothy Shaughnessy, economics, took over. In the program, LSUS student's travel to Luneburg, Germany and take courses taught by Leuphana, LSUS, University of Texas-Pan America, and other international university professors.

This year, the program boasts the largest group in its history.

"I am very excited to have our largest group this year, and especially the particular students who are going," Shaughnessy said. "They all are great students with the right attitudes for a trip like this. We have a record number of ten participants from LSUS this year. In the past, it tended to vary between four to seven participants."

According to Shaughnessy, Leuphana allows 30 spots for the program, so UTPA and occasionally one other school reserve spaces too. Circumstances this year allowed the program to take ten instead of the allot-

ed eight.

"This year there has been a lot of excitement," Shaughnessy said. "Dr. Williams and I are very optimistic that we'll be able to continue the program for a long time. The more students go, the more word-of-mouth will spread about how fun and educational the trip is, and the more students will want to go in the future."

The group met a few times last fall to publicize the trip and answer students' questions. There has been one meeting this semester for all the students who are going to meet each other before they leave on May 11.

There are no official requirements for the program, other than being an LSUS student. It is open to all majors, although students must get permission from Shaughnessy or Williams to attend. Students must sign up by the late fall deadline.

"Permission is usually granted as long as students realize this is an academic course, not just an excuse to go on vacation," Shaughnessy said. "The growth of students certainly helps to solidify LSUS' participation in the program, so our big number this year is definitely a great thing."



## Cotton candy dries mouths, whets student appetites

**Ashley Harris** STAFF WRITER

Students enjoyed a little taste of the sweet life when the Student Activities Board held a cotton candy carnival during Common Hour last Wednesday.

Students with a valid student ID enjoyed free cotton candy before getting back to the books. This oh-so-sweet event was held in the University Center lobby. Many students came to indulge in the cotton candy while they waited for class, studied, and con-

"I have a sweet tooth, so I actually enjoy anything sweet. But free food is always a great deal," said Sonya Parker, freshman,

criminal justice

This was not the first event of its kind. Similar events have enjoyed succes throughout the semester.

"Students, just a lot of time, appreciate that treat during the day and this event was pretty popular because students can just walk up and grab a cone," said Angel Martin, director of student activities and recreational sports. "We had a good attendance--and we will probably continue this in the future."

Although the semester is coming to an end, the Student Activities Board will continue to hold special events for LSUS students. Students can check the calendar on the LSUS homepage for more upcoming events.



Photos by Ashley Harris

Above, volunteers from the Student Activities Board whipped up some cotton candy in expectation of customers. Below, a family enjoys some free cotton candy.



# LSUS INDIA STUDIES



# India Night 2013 North-South Jugalbandi

**Date**: May 11, 2013

**Time**: 5:00pm

Venue: University Center

**Dress**: Business Casual, Evening Wear,

or Indian Attire

**Program** 

5:00 Appetizers

and cocktails

6:00 Concert

7:45 Dinner



Www.rajeevtaranath.com

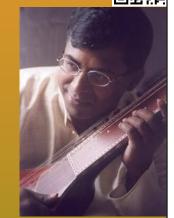
# A special Duet Performance

By the noted

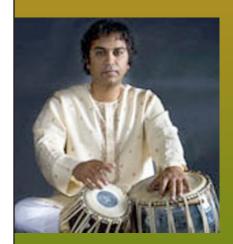
**Indian classical music maestros** 

Sangeet Samrat Chitravina N Ravikiran

And



Www.ravikiranmusic.com



Sarod Master Rajeev Taranath

**Accompanied by** 

Lakshmanan on mridangam

and

**Abhiman Kaushal on tabla** 



Tickets: \$100 [Individual] or \$700 [Table of eight]

[Includes appetizers, cocktails, dinner, and drinks. Limited seating.]

Tickets are tax deductible. Proceeds go to LSUS India Studies Program.

For tickets, please contact:

Viki Fentress (LSUS): 318-797-5179

http://lsusindiastudies.eventbrite.com (credit card only)

